

# UNIVERSAL CHILD HEALTH RECORD

Endorsed by: American Academy of Pediatrics, New Jersey Chapter  
New Jersey Academy of Family Physicians  
New Jersey Department of Health and Senior Services

|   |                |   |   |  |                  |
|---|----------------|---|---|--|------------------|
| Child's Name (Last) _____ (First) _____   |                | Gender<br><input type="checkbox"/> Male <input type="checkbox"/> Female   | Date of Birth<br>____ / ____ / ____   |  |                  |
| Does Child Have Health Insurance?<br><input type="checkbox"/> Yes <input type="checkbox"/> No   |                | If Yes, Name of Child's Health Insurance Carrier _____  |   |  |                  |
| Parent/Guardian Name _____  |                | Home Telephone Number _____   |   | Work Telephone/Cell Phone Number _____ |                  |
| Parent/Guardian Name _____  |                | Home Telephone Number _____   |   | Work Telephone/Cell Phone Number _____ |                  |
| <b>I give my consent for my child's Health Care Provider and Child Care Provider/School Nurse to discuss the information on this form.</b>  |                |   |   |  |                  |
| Signature/Date _____  |                |   | This form may be released to WIC.<br><input type="checkbox"/> Yes <input type="checkbox"/> No |  |                  |
| Date of Physical Examination: _____   |                | Results of physical examination normal? <input type="checkbox"/> Yes <input type="checkbox"/> No                    |   |  |                  |
| Abnormalities Noted: _____  |                | Weight (must be taken within 30 days for WIC)   |   | _____                                  |                  |
|   |                | Height (must be taken within 30 days for WIC)   |   | _____                                  |                  |
|   |                | Head Circumference (if <2 Years)  |   | _____                                  |                  |
|   |                | Blood Pressure (if ≥3 Years)  |   | _____                                  |                  |
| <b>IMMUNIZATIONS</b>  |                | <input type="checkbox"/> Immunization Record Attached<br><input type="checkbox"/> Date Next Immunization Due: _____ |   |  |                  |
| <b>MEDICAL CONDITIONS</b>   |                |   |   |  |                  |
| Chronic Medical Conditions/Related Surgeries<br>• List medical conditions/ongoing surgical concerns:  |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |   | Comments _____                         |                  |
| Medications/Treatments<br>• List medications/treatments:  |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |   | Comments _____                         |                  |
| Limitations to Physical Activity<br>• List limitations/special considerations:  |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |   | Comments _____                         |                  |
| Special Equipment Needs<br>• List items necessary for daily activities  |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |   | Comments _____                         |                  |
| Allergies/Sensitivities<br>• List allergies:  |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |   | Comments _____                         |                  |
| Special Diet/Vitamin & Mineral Supplements<br>• List dietary specifications:  |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |   | Comments _____                         |                  |
| Behavioral Issues/Mental Health Diagnosis<br>• List behavioral/mental health issues/concerns:   |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |   | Comments _____                         |                  |
| Emergency Plans<br>• List emergency plan that might be needed and the sign/symptoms to watch for:   |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached                                |   | Comments _____                         |                  |
| <b>PREVENTIVE HEALTH SCREENINGS</b>   |                |   |   |  |                  |
| Type Screening  | Date Performed | Record Value  | Type Screening  | Date Performed                         | Note If Abnormal |
| Hgb/Hct   |                |   | Hearing   |  |                  |
| Lead: <input type="checkbox"/> Capillary <input type="checkbox"/> Venous  |                |   | Vision  |  |                  |
| TB (mm of Induration)   |                |   | Dental  |  |                  |
| Other:  |                |   | Developmental   |  |                  |
| Other:  |                |   | Scoliosis   |  |                  |
| <input type="checkbox"/> <b>I have examined the above student and reviewed his/her health history. It is my opinion that he/she is medically cleared to participate fully in all child care/school activities, including physical education and competitive contact sports, unless noted above.</b> |                |   |   |  |                  |
| Name of Health Care Provider (Print) _____  |                |   | Health Care Provider Stamp: _____   |  |                  |
| Signature/Date _____  |                |   |   |  |                  |

**\*\*PLEASE ATTACH YOUR CHILD'S IMMUNIZATION RECORD\*\***